

Stoke Holy Cross Primary School – Whole School Half-Termly Themes

<p><b>Autumn 1 – Me and My Relationships</b></p> <ul style="list-style-type: none"> <li>Feelings and emotions</li> <li>Healthy friendships</li> <li>Respectful relationships</li> <li>Online relationships</li> <li>Falling out and making up</li> <li>Being assertive</li> <li>People who are special to us</li> <li>Asking for help</li> <li>Conflict resolution</li> </ul>	<p><b>Autumn 2- Valuing Differences</b></p> <ul style="list-style-type: none"> <li>Similarities and differences</li> <li>Different types of families</li> <li>Different relationships</li> <li>Gender difference and stereotypes</li> <li>Teasing and bullying</li> <li>Anti-bullying</li> <li>People who can help</li> <li>Tolerance and respect</li> <li>Diversity</li> <li>British Values</li> </ul>	<p><b>Spring 1 – Keeping Myself Safe</b></p> <ul style="list-style-type: none"> <li>Safe and unsafe secrets</li> <li>Appropriate and inappropriate touch</li> <li>The Underwear Rule</li> <li>Medicine safety</li> <li>Drugs education and social norms</li> <li>People who can help</li> <li>Road safety</li> <li>Risk-taking</li> <li>Being assertive</li> <li>Privacy and consent</li> <li>Internet safety</li> </ul>
<p><b>Spring 2 – Rights and Responsibilities</b></p> <ul style="list-style-type: none"> <li>Our rights and responsibilities</li> <li>Caring for ourselves</li> <li>Caring for others</li> <li>Caring for the environment</li> <li>Taking care of our money</li> <li>Cooperation</li> <li>People who can help</li> <li>Being responsible online</li> <li>Living in the wider world</li> <li>Basic first aid</li> </ul>	<p><b>Summer 1- Being My Best</b></p> <ul style="list-style-type: none"> <li>Resilience</li> <li>Growth mindset</li> <li>Building resilience</li> <li>The learning line (learning pit)</li> <li>Challenging stereotypes</li> <li>Self-esteem</li> <li>Healthy choices</li> <li>Mental health &amp; emotional wellbeing</li> <li>The 5 ways to wellbeing</li> <li>Coping with loss</li> <li>Media manipulation</li> <li>Goal setting &amp; achievement</li> </ul>	<p><b>Summer 3 – Growing and Changing</b></p> <ul style="list-style-type: none"> <li>Life cycles</li> <li>Growing and changing</li> <li>Changing feelings</li> <li>Body image</li> <li>Gender identity</li> <li>Respecting privacy</li> <li>Personal space</li> <li>Keeping safe</li> <li>Puberty: physical and emotional changes</li> <li>Personal hygiene</li> <li>Reproduction</li> <li>Conception</li> </ul>

Assemblies can provide opportunities to embed each theme and the SCARF values across the school.